

Meeting place: Meet at Gold Hill Sports Park (14745 OR-234, Gold Hill, OR 97525)

Meeting Time:

AM Nugget - 9:30 AM - 11:45 AM PM Nugget- 12:45 PM- 2:45 PM

Note: We have 2 Nugget departure times this year with 2 different meeting times. Please double check your confirmed trip and time to not miss your adventure.

Checklist

- Complete your registration form and sign the liability release online using the "manage your reservation" link sent to you in your trip confirmation email. Please complete online as soon as possible after booking. Must be completed no later than 48 hours prior to your arrival. Failure to complete the forms online within the requested time could result in cancellation and forfeit of all deposits made.
- Payment in full at the time of booking

MRWAL provides the following

- Half day on the beautiful Rogue River
- Waterproof bags for your personal gear

You are responsible for

- Meals and lodging before and after your trip
- Personal clothing and other miscellaneous items
- Guide gratuities (see page 2)
- Water bottle

Where to stay before and after your trip

We recommend <u>Morrisons Rogue Wilderness Lodge</u> which offers water-side suites, cabins and lodge rooms, and a world class gourmet dining experience. We offer a Morrisons Special Package Rate if you go rafting with us. This includes a four-course dinner and a country style breakfast. **Check out our website:** <u>www.morrisonslodge.com</u> for lodge availability or call 1-800-336-1647

Area Attractions: Oregon is a very beautiful state with many things to do and see. Crater Lake National Park is very popular, as well as the Oregon Caves National Monument. The Oregon Shakespeare Festival is nearby in Ashland. Performances often sell out; call (541) 482-4331 or http://www.osfashland.org for more information. Regional tourism is handled by Southern Oregon Visitors Association. Their website www.sova.org has excellent information about our region. You can also contact the Grants Pass Chamber of Commerce at (541)476-7717 http://www.visitgrantspass.org for specific Oregon area brochures.

The Trip Outline for your day

Trip Logistics: You will spend 2 hours on the water. This is a trip that is only offered on Mondays, Tuesdays and Wednesdays starting May 17th through September 1st and has a difficulty of Class I-IV. The trip meets at Gold Hill Sports Park (<u>14745 OR-234</u>, <u>Gold Hill</u>, <u>OR 97525</u>)

Please have all registration forms and release of liability forms completed through your guest account link prior to check in. Only ages 8 and up will be permitted on this section. We need a minimum of 3 people in order to book this trip.

Trip Overview: The Rogue River "Nugget" rafting trip is exciting and fun whitewater for seasoned rafters. On this unique whitewater rafting trip you will experience a little of everything the Rogue River has to offer: calm pools, easy class 2 rapids, challenging class 3+ rapids, and a famous Class 4 waterfall drop-'Ti'lomikh Falls'. There are many exciting splashes and rapids on this trip that guarantee to get you wet!

We begin our trip on mellow "warm-up" water, where the rapids start out small and easy. This is your chance to learn how to paddle, relax, and take in the beautiful scenery. After our warm up, the rapids turn up the excitement with class III+ Nugget Falls and the class IV Powerhouse rapid (Ti'lomikh Falls). For both Nugget and Powerhouse Falls the river channels into a narrow chute which creates the drops. Fun large waves await at the bottom to cool you off. Nugget Falls has one main drop, whereas Powerhouse has two pour-overs or drops that funnel you into the main hole at the bottom. There is plenty of time in between these bigger rapids to jump in, swim, and cool off in the refreshing water of the Rogue River.

The whitewater fun can be enjoyed by adrenaline junkies, families, or the guest looking for something new and different. Though the Nugget run is a step up in difficulty from our more mellow day trip on the Recreational Section, this can still be a family fun trip. There is always an option to walk around any of the class IV rapids. Your guides are willing to cater each trip around your needs. Rafting experience is preferred.

Join us for a weekend getaway or splash retreat. Morrisons Rogue WIIderness Lodge, Southern Oregon's Premiere Rogue River Lodge, offers a special package rate to all our rafters. This specific special offer includes lodging, a four-course gourmet dinner on the deck, and a country breakfast buffet. Call 1-800-336-1647 to check lodge availability.

If you are staying at Morrisons Lodge: If staying at our lodge, you will be required to drive to the meeting location of Gold Hill Sports Park (<u>14745 OR-234, Gold Hill, OR 97525</u>) at your appropriate designated time.

Guides and Rafts

This is a guided paddle raft adventure.

Paddle Boat: Paddle boats are fourteen foot boats that are powered by the paddle strokes of the crew. The guide typically sits in the back with a paddle and gives paddle commands to four to six paddlers. Helmets are provided by MRWAL and required for the nugget stretch. **All** guests are required to actively participate in all paddling activities.

Additional Information

Participant age and ability: We are excited to take down participants from ages 8 and up. Children **under** 8 unfortunately are not allowed on this section, but we do have other sections that are more age appropriate. A youth age is from 8-12 and an adult age is 18 and up. We ask that all participants are able to maneuver up and down soft rocky slopes, as well as be able to sit on a rubber raft with no back support for at least 2 hours at a time. All guests are required to actively participate in **all** paddling activities.

Guides: Our guides have a deep appreciation for the river and its surroundings. MRWAL guides are accomplished in outdoor skills and extensively trained in wilderness first aid and CPR. They will be more than happy to help you if you have any questions about the river.

Gratuities: We are often asked if tipping is appropriate. Tips are certainly appreciated by our guides. Suggested amount is 10 to 15 % of base trip price. How much you tip should depend on your satisfaction with the trip, your feelings about tipping, and your financial means. (**Please bring cash or a check to tip, tips cannot be added to your reservation at this time**).

Meals: No meals or beverages provided on this trip, please **bring your own full water bottle** and necessary items needed for the 2 hour trip

We reserve the right to remove you from a trip if a controlled substance or alcohol inhibits your behavior. **Cancellations:** We strictly adhere to our cancellation policies. Cancellations outside of 7 days are required to receive a refund minus a 3% processing fee. Cancellations inside the 7 day window of launch date, no refund will be issued. **Registration Form & Health Information:** If there are any medical considerations (such as allergies, heart conditions, etc.) or dietary restrictions we should know about, please put them on the registration form or call us. All registration forms and our release of liability form must be completed using your personal link to access and manage your reservation. All requested forms must be completed at least 48 hours prior to arrival. **Failure to complete the forms online within the requested time could result in cancellation and forfeit of all deposits made. We are not able to receive via the forms email or fax or mail. Your personal link was sent in the original confirmation email. Communication:** Cell phones might work on the river in some areas. If you would like to bring a phone as a camera, we recommend you purchase a waterproof/shockproof case. MRWAL is not responsible for lost or broken phones. **Questions?** Please contact our office if you have any other questions about your trip. Once you are on the river, our guides will be happy to answer questions or assist you.

Clothing and Comfort

Appropriate Clothing: consists of shorts and a non cotton t-shirt with a bathing suit under. A light jacket is also a good idea. There will be a small dry bag on each boat for you to put any layers in. **Cotton** should **NOT** be worn during cool or wet weather since wet cotton lowers body temperature.

Footwear: Should consist of a sturdy water shoe that is strapped on your foot securely and will not fall off. Tennis shoes can also be worn if you don't mind them getting wet. No flip flops. No bare feet.

Equipment: MRWAL provides small waterproof bags for your belongings.



2021 Morrisons Rogue Wilderness Adventures & Lodge Nugget Stretch Rafting Registration

(**All registration forms and our release of liability form must be completed using your personal link to access and manage your reservation. All requested forms must be completed at least 14 days prior to arrival. Failure to complete the forms within the requested time could result in cancellation and forfeit of all deposits made. We are not able to receive via the forms email or fax or mail.)

ONE FORM PER PA	RTICIPANT (Yes, kids eight and older need to have a form on file as well)
TRIP DATE	Name Reservation Is Under

PERSONAL Name:		Email				
Address	City	State	Zip_			
Phone (Home)						
Male or Female (circle) Date Of Birth						
If a minor is listed, please describe relationship to the person signing this document						
PERSON TO NOTIFY IN CASE OF EMERGENCY (NOT PARTICIPATING IN ACTIVITY)						
RelationshipPhone	itionshipPhone (day)(Evening)					
EXPERIENCE Have you ever been whitewater rafting? YES / NO (please circle)						
If yes, which rivers?						
MEDICAL: Please describe any medical or physical conditions which might affect your safety or health						
on the trip: Please list a						
allergies (bee stings, medications)						
Do you carry an EPI Pen YES/NO (please circle)						
Do you want MRWA to provide a helmet for you? YES or NO (please circle) DIETARY Please specify any medical dietary restrictions i.e. allergies Are you a vegetarian or vegan? YES/NO (please circle) If YES, please specify type of protein you eat						

If not a vegetarian, do you eat red meat? YES/NO (please circle) Preferred Protein

Please understand that we try to accommodate most dietary requests. However, if you have specific requirements we suggest you bring the necessary supplies to subsist. Comments:

CANCELLATION POLICY Cancellations outside of 7 days are required to receive a refund minus a 3% processing fee. Cancellations inside the 7 day window of launch date, no refund will be issued.

Forest Fires and Smoke: Occasionally during the season forest fires in the region will cause smoke to settle in the Rogue River Canyon. Just like with rain, we go with smoke or no smoke. Every few years a forest fire will close the Rogue River. Please sign below that you understand our cancellation policy.

SIGN DATE