



2024 Multiple Day Rafting Trip Information - Lodge or Camping

The following are important details for your trip on the Rogue River. This information will help make your trip safe, comfortable, and enjoyable. If you have any questions after reading this document, please don't hesitate to email us at Info@wildrogue.com or call us at (800) 336-1647.

Meeting Place: Morrisons Rogue Wilderness Lodge (8500 Galice Rd, Merlin, OR)

Meeting Time: Orientation @ 5:45 PM the evening before your trip

Trip Start Time: Drop off Large Dry bags by 7:30am @ Morrisons lodge. Please be on time, others will be waiting on you.

After the Trip: Arrive back at Morrisons Rogue Wilderness Lodge between 4pm and 5pm (unless a car shuttle has been reserved at least 48 hours prior to the start of the trip.)

Checklist

- **Read the Essential Eligibility Criteria Document- to see if you are able to comply**
- **Complete your registration process** by accessing your personal guest account link emailed in your confirmation email. **All registration must be completed using your personal link to access and manage your reservation. Please complete the 2-step registration process today as soon as you receive your trip confirmation email. **Failure to complete the registration process for all guests on your reservation will result in cancellation and forfeit of all deposits made.**
- **Plan for the unexpected with Travel Insurance -**
As all deposits and final payments are non refundable. We suggest

Travel Insured

<https://www.travelinsured.com/>

Estimate about 7- 10% of your trip cost. Kids 17 & under at a reduced rate.

- **Final payment must be paid on or before 60 days prior to your trip date**

MRWAL provides

- Transportation to the river
- Transportation from river back to Morrisons
- Guided paddle rafts, IKs, personal floatation device
- Waterproof bags for your personal gear
- Meals during your trip starting with lunch on day 1

You are responsible for

- Meals and lodging before and after your trip

- Personal clothing and other miscellaneous items (see packing list)
- Personal water bottle for each person
- Guide gratuities
- Beverages such as Beer, Wine, Soda
- Dinner and breakfast gratuities if staying at any of the lodges
- Alcohol purchases (available at Morrisons only)

Where to stay before and after

Morrisons Rogue Wilderness Lodge

(800) 826-1963 www.morrisonslodge.com

All our trips depart from the beautiful Morrisons Rogue Wilderness Lodge (which is celebrating 70-years along the Rogue!) We encourage you to stay there before your trip. We would like to offer you a special 20% discount on any of our beautiful Morrisons Rogue Wilderness Lodging accommodations. Please use this **promotional code MRWA** when booking online at <https://morrisonslodge.com/>. The 20% discount applies to lodging only. Here at Morrisons we offer dinner and breakfast, both are by reservation only. Our full bar is open at 5pm daily, drinks are available for purchase. When you are booking your lodging, please be sure to book your four-course gourmet dinners and country breakfast buffet reservations at the same time to ensure you have a space at the table. Reservations are required and very limited, so don't delay. For more information on our incredibly unique dinner service here please go to our website at <https://morrisonslodge.com/>.

Accommodations at our lodge are additional to your rafting trip price. We offer a variety of room accommodations such as water-side suites, cabins, and lodge rooms. You'll find Morrisons to be a convenient, and beautiful location to start and end your river adventure. Morrisons has electricity and limited internet. If your cell phone carrier allows for Wifi calling and texting and your cell phone has that option, you will be able to use your cell phone once connected to our internet. If not, your cell phone will not work here at Morrisons as we are not near any cell phone tower.

How to Get There

If You Fly: The closest commercial airport is Medford, Oregon. It is serviced by United Airlines, Delta, Allegiant, and Horizon Air. Flights inbound to Medford start from San Francisco, Seattle, Portland, Salt Lake City, Denver, Las Vegas, and Los Angeles. ****Please plan for your flight to arrive the day before your river trip **Flying out the day your trip ends is VERY difficult**

and puts strains on the entire last day of your trip. We are one hour from the airport at Morrisons Lodge, and will not arrive at the lodge until 5 pm or later. We request that you book your flight out for the day AFTER your trip ends.

Airport Shuttles

If you are in need of Transportation from Medford Airport to Morrisons Lodge and back to the airport, please contact:

Double D Taxi Service: (541) 476-7773 | \$130 cash / \$140 card for up to 6 passengers

Tic Tock Taxi: (541) 727-7791 | \$125 for up to 6 passengers

Anywhere Express: (541) 326-9969 | Mention Morrison's for a possible discount for up to 4 passengers

Bear Creek Taxi (541)-500-7588

** Prices are subject to change

** Regarding your shuttle back to the airport, we would suggest you leave 2 and a half hours prior to departure flight time.

Uber is also available from the airport:

<https://www.uber.com/global/en/cities/eugene/>

If You Drive: From I-5 North (Portland, Eugene): Get off at exit 61. Follow the off ramp until you get to the stoplight. Turn left and follow the road (Merlin-Galice Rd) out for about 11 ½ miles. Morrisons Lodge is on the right hand side. Park in the parking lot and walk to the front desk for check-in.

From I-5 South (Medford, Ashland): Get off at exit 61. At the end of the off ramp turn left and follow the road (Merlin-Galice Rd) out for about 11 ½ miles. Morrisons Lodge is on the right hand side of the road. Park in the parking lot and walk to the front desk for check-in.

The Trip Outline

Rafting orientation 5:45 pm the night before:

Overnight dry-bags will be issued at the orientation as well as day dry bags. The overnight bag, when fully packed measures about **24 inches in diameter by 36 inches in height** and is almost the size of a large garbage bag. Your trip leader will cover your trip itinerary, pass on valuable trip information, and assist with any last minute questions or requests you might have. Our gift shop at Morrisons Lodge will be available for any last minute items, please have your credit card ready for any last minute purchases. Plan on arriving at the lodge with the beverages you need for the trip.

The Morning of your Trip: Please drop off your dry bags and beverages between 7:15 am and 7:30 am for

the rafting trip by the recreation room where you had your orientation. We ask that everyone is dressed and ready for departure by 8:00 am and meet at the designated location. Please be on time. Others will be waiting for you. Lodging is not included the night before, if you added on the lodging the night before, please bring your room keys when checking out and finalize any additional charges added to your invoice. Come dressed in your rafting clothes. A hearty breakfast is encouraged as lunch can sometimes be past noon.

Vehicles while on your rafting trip: If you are planning on leaving your vehicle on our property while you are on your rafting trip, please park your vehicle in our "grassy meadow" across the street from the main lodge. We ask that you drive by and drop off your large dry bag and beverages and then go park your vehicle in the grassy meadow. Please use the walking path under the bridge on your way back and walk your vehicle keys into the office. Galice road is busy with rafting/logging traffic and not advised to walk across. Please use the walking path. If you have any questions about where this is, please ask one of our front desk staff associates for a map and directions.

Foster Bar Vehicle Shuttles: If you have **already** (24 hours in advance) reserved the vehicle shuttle to be delivered to you at the end of the trip, you will park your vehicle in our main parking lot. Please walk your vehicle keys into the front desk office.

On the River: The pace of your river trip is very dependent on the water level and if you're on a 3 day or 4 day rafting trip. You will usually spend five to six hours a day on the river. Breakfast on the river is served around 8 am, and you are on the water by about 9 am. There will be a stop mid-day for lunch where a riverside lunch will be served. We will arrive at the lodge or camp depending on your booked adventure around 4 pm. Before dinner there will be plenty of time for relaxing in the beautiful scenery of the wild Rogue River with friends and family.

After the Trip: The trip ends at Foster Bar around 2pm. At this time you will board a van, which will return you and your gear to Morrisons Rogue Wilderness Lodge, unless you have arranged a car shuttle. Car shuttles are available from Morrisons to Foster Bar for an additional \$169 per car plus government access fees (Prices are subject to change and again for early season shuttles and

detours for fires or construction etc). **Car shuttles are booked online only. Book one car at a time.**

Here is the link to book your car shuttle online:

<https://wildrogue.com/rogue-river-shuttles/>

Book your vehicle shuttle to Foster Bar at least 48 hours prior to your arrival. Do not plan on completing that task here as it will be too late.

The van trip takes about two and a half hours, arriving at Morrisons between 4 and 5 pm. It's a beautiful but windy drive: those prone to car sickness may want to be prepared with Dramamine.

****Sometimes snow, construction, logging or fire traffic might be blocking key shuttle routes. Our goal is to return you on the safest route possible. This might mean shuttles could take up to four plus hours. Please plan your departure flights accordingly.**

Wilderness Lodges

If you are on a 3 day lodge trip, 3 day camp/lodge or 4 day camp/lodge you will be staying at one or more wilderness lodges. The wilderness lodges in the Wild and Scenic corridor are privately owned and operated. They will assign the rooms to us as we are not able to request specific rooms or cabins. They operate with a unique challenge- all equipment and food has been rafted, jet boated, or 4-wheel driven if they have road access. They are clean and comfortable, quirky, and the food is plentiful and hearty. Each room has a private bathroom with flushing toilets, hot showers and 2 beds (usually singles with linens on the beds). All meals are served in the main lodge. **If you would like to tip the lodge staff, please bring cash (\$10 to \$20 per person) for tipping purposes.**

Electricity at the Lodges: At this time Marial Lodge leaves the generator on all night and Paradise lodge is powered by solar and is limited throughout the night. **Please remember, you are in a wilderness area and having power after 10 pm could change. Black Bar Lodge does not have electricity after 10 pm, it is the only lodge still running on a generator and will provide light and charging opportunities during your stay until 10 pm.** At 10 pm the generators are turned off, please bring a flashlight to find the bathroom. Do not bring hair appliances as they will cause the generator to stop or possibly overload the circuit and cause other issues. **Your cellphone will not work at any of the lodges, nor will you have any internet access at all. If you are not sure what wilderness lodge**

you are staying at, email info@wildrogue or call the office to find out.

Sleep Apnea Equipment: If you are in need of bringing a CPAP for Sleep Apnea- please visit <http://www.cpap.com> to purchase a battery pack.

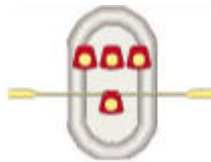
Types of Boats

We employ a variety of boats on the Rogue that you will have the opportunity to enjoy as you travel down this amazing, beautiful river. Your choice will depend on the level of activity you are interested in and the logistics of the trip.

Stern Assist Paddle Boat: Paddle boats are fifteen to sixteen foot boats that are powered by the paddle strokes of the crew. The guide sits in the back with a stern frame and oars and gives paddle commands to four or six paddlers. Helmets and wetsuits are rarely required in paddle boats.

Personal floatation devices will ALWAYS be required.

Oar boats: Oar boats are sixteen to eighteen feet that carry gear and supplies as well as one to four passengers. Two or three passengers on an oar boat is typical. A ride on an oar boat is an opportunity to relax, enjoy the scenery, or chat with friends and family. The oar boat is the least active option. Personal Floatation devices will ALWAYS be required.



Inflatable Kayak (IK): This is an opportunity to run some of the rapids of the Rogue River under your own power and direction. The trip leader guide will have full discretion as to which rapids the IK's will be available to guests. The guides will give IK instruction before the trip, and direction for the rapids while on the water. We bring only single kayaks on the lower Rogue. Helmets are required at all times while paddling the IKs. **Personal floatation devices will ALWAYS be required.**

Additional Information

Fishing: Fishing on the Rogue is not great in the spring or summer and regulations do not allow fishing from our boats. If you would like to fish, please purchase your Oregon Fishing License prior to arriving at our Lodge. Oregon Fishing License

may be purchased online at <https://myodfw.com/fishing/licensing-info>

We do not provide fishing licenses at our lodge, it is imperative to purchase your fishing license prior to arrival at our Lodge using the link above. This will save you from driving 30 minutes into Grants Pass.

We recommend collapsible rods for ease in packing. **If you bring a personal fishing rod and/or fishing gear, it is your responsibility to make sure it gets on the van or bus, off the bus/van and off the raft to ensure it goes with you.** We are not responsible for any lost or missing fishing gear that accidentally got left behind. If any gear is left behind the guests are responsible for any shipping and handling fees associated with mailing it.

Guides: Our guides have a deep appreciation for the river we run and want you to enjoy your trip with them. MRWAL guides are accomplished in outdoor skills and extensively trained in wilderness first aid and CPR. They will be more than happy to help you if you have any questions about the river or are an inexperienced camper.

Gratuities: We are often asked if tipping is appropriate. Tips are certainly appreciated by our guides. Whether and how much you tip should depend on your satisfaction with the trip, your feelings about tipping, and your financial means. General amount is 15 to 20 % of the base trip price if you feel your expectations were exceeded. **Please bring cash for tipping or write a check to the trip leader, tips cannot be added to your reservation or credit card. You will have an opportunity to hand over your gratuity to your guide when you arrive back at the lodge at the end of the trip. They typically hang out for a few minutes to say thank you and bid farewell and then they are off. The guides will pool all the tips and divide them evenly. If you are getting your vehicle shuttled to Foster Bar, you will want to say goodbye at Foster Bar and hand off the gratuity at that time.**

Equipment: MRWAL provides a waterproof bag (see "Packing" for dimensions of the large dry bag) for your personal gear. Certainly bring a camera on your trip for pictures. Our gift shop sells a number of great waterproof bags for cameras and cell phones.

Lodging Guest: Wilderness lodges provide dinner and breakfasts. MRWAL provides lunch on the first day to lunch on the last day. We specialize in creative and delicious riverside meals.

Camping Guest: On our camping trips our guides will

prepare all meals while on your trip. We provide fun, creative riverside meals. Guides will prepare your meals using a variety of fresh foods. Fruit juice and water are available with every meal. Coffee, tea, and cocoa are available at breakfast and dinner.

However, if you have strict dietary requests please let us know in advance. Please also understand you might want to bring some of your own food depending on what your dietary restrictions might be. We plan accordingly for food packing, assuming that if you are a vegetarian, you will not change your mind during the trip and eat all the bacon. During your registration process, you will be able to add dietary requests and food allergies. Please make sure to give us ample information on your registration form in regards to dietary restrictions at least 60 days in advance of your trip departure date.

We are able to accommodate most dietary restrictions; however, we are not able to accommodate all severe allergies or multiple dietary restrictions. Please reach out if you have severe allergies and or multiple dietary restrictions to see if we will be able to accommodate your requests.

Lodging Guests and food preparation: Because some of our rafting trips utilize lodges, we don't personally prepare breakfasts and dinners. We have tried to educate lodge staff to particular dietary requests. For example: gluten free, vegetarian, and vegan requests. We constantly strive to make foods available to your request, however sometimes the lodges can't meet our expectations. With this in mind, you might consider bringing your own food to make sure you have what you need. What you bring needs to be basic and easy to heat- no prep required- as we do not have access to lodge kitchens. Please note that each lodge meal consists of multiple side dishes and one to two protein dishes- there is usually something for everyone, and options for almost every diet. Also, we cannot guarantee all foods will be "pure" in regards to severe food allergies. Please bring your own allergy free food if you have a severe food allergy, and of course bring all necessary emergency medication. Please make sure to give us ample information on your registration form in regards to dietary restrictions at least 60 days in advance of your trip departure date. **Again, we are not able to accommodate all dietary restrictions and extreme food allergies and you might have to bring some of your own food to make sure you have what you**

need. If you have any questions as to whether or not we can accommodate your dietary restrictions, please call our front desk to confirm.

Wine, Beer, or any other Alcoholic Beverages are not provided by MRWAL, but are welcome on the trip for enjoyment in the evenings. Oregon liquor stores are open until 8pm on weekdays. Beer and wine are available at local grocery stores. Hard liquor is a little hard to find, it can be purchased at state liquor stores and some grocery stores.

For transportation purposes, there will be coolers set out for you the morning you depart for your trip. This is where you will place your beverages for each evening of your rafting adventure. The guides will bring up the coolers each night at camp or lodge for you to access. Wine glasses and bottle openers are available at each lodge if applicable. Cocktail ice is limited. Paradise Lodge and Half Moon Bar Lodge have a full bar, beverages are available for purchase, cash and credit cards are accepted. Black Bar Lodge and Marial Lodge do not have alcohol or beverages for purchase. Please bring your own beverages for your stay at Black Bar and Marial.

Environmental Concerns: Depending on where the group stops, we will be using outhouses or portable river toilets. While not like the comfort of home, when setting up toilet facilities we are conscious of privacy needs as well as environmental impact. For more information on how to poop on the river please check out this link:

<https://wildrogue.com/how-to-poop-on-the-river/>
To protect the river, we carry out all waste, trash, and use environmental soap in the river. The guides will instruct you in simple procedures that minimize the impact of your group on the canyon, and we ask for your cooperation.

Communications: Cell phones do not work in the canyon. You are on vacation and the world will go on without you. Phones will stop working shortly after you pass through Merlin. If you want to bring your phone as a camera, we highly recommend you bring or purchase a phone case or dry bag to protect it from river water. MRWAL is not responsible for lost or broken phones.

Cancellations and Travel Insurance: Should you have to cancel your Rogue River Adventure with us or if situations make it impossible for us to perform the trip due to reasons beyond our control, **all deposits are non-refundable. Final balance payments are also non-refundable.**

Alternate guests are welcome. **All guests making reservations for travel are strongly encouraged to purchase Travel Insurance to protect their investment and ours.**

On The Rogue River, trip capacity is strictly regulated by law, your reservation may mean we cannot sell space to others. Because of this, we do not offer refunds, for any reason including a pandemic; therefore, travel insurance is strongly recommended. It will reimburse you if you make a cancellation because of, but not limited to illness or injury before or during the trip, smoke, natural fire, flood, or other acts of nature. **The only way to get a refund would be to file a claim through your trip insurance carrier.**

Should you decide to not purchase trip insurance, please know there will be no refund nor credit given, nor will your trip be transferable to another year if you cancel your trip or should we be unable to perform the trip for reasons beyond our control. No cash refunds will be issued for any reason whatsoever.

Please understand there will be no exceptions to our policy outlined above.

Most trip insurance companies are time sensitive to your initial deposit in this case 21 days.

Trip insurance with Travelinsured.com is typically 7 to 10%. Kids 17 years and under are at a reduced rate.

For more information, and to get a quote, go to the link below and choose the best option for you and your family.

Travel Insured International:

<https://www.travelinsured.com/>

Registration Form & Health Information:

Rafting trips can be strenuous with short hikes around rapids and climbing to the lodges if on a lodge based trip or camp each evening. You should be in good health, and be able to walk up steep inclines, on uneven, sandy or rocky terrain. If there are any medical conditions (such as allergies, heart conditions, etc.) or dietary restrictions we should know about, **please specify on your personal registration form.** Please consult your Physician prior, if you have any questions regarding your health or medical conditions that could impact your ability to walk up to the lodges or walk around the necessary rapids.

Please consult your Primary Care Physician prior, if

you have any health or medical conditions that could impact your ability to participate in an active and outdoor adventure. If you are considering a trip with us we strongly encourage you to look at our [Essential Eligibility Requirements](#) double-check you are up for the adventure.

The 2 step registration process for all guests on your reservation must be completed online by accessing your guest account using your personal link. Please complete this as soon as possible after making your reservation. If there are any medical conditions (such as allergies, heart conditions, etc.) or dietary restrictions we should know about, please enter the specific information on the registration portion of the 2 step registration process. Complete your registration process by accessing your personal guest account link emailed in your confirmation email. **Failure to complete the registration process for all guests on your reservation within the requested time will result in cancellation and forfeit of all deposits made. Everything is done electronically.** We are not able to receive required documents via email, fax, or mail.

Area Attractions

Oregon is a very beautiful state with many things to do and see. Crater Lake National Park is very popular and absolutely breathtaking, as well as the Oregon Caves National Monument. The Oregon Shakespeare Festival is nearby in Ashland. Performances often sell out; call (541) 482-4331 or <http://www.osfashland.org> for more information. Regional tourism is handled by Southern Oregon Visitors Association. Their website www.sova.org has excellent information about our region. You can also contact the Grants Pass Chamber of Commerce at (541) 476-7717 <http://www.visitgrantspass.org> for specific Oregon area brochures.

Rogue Weather

Elevation in Merlin, OR: 915 ft.

The summertime weather in southwest Oregon is usually very pleasant: warm and dry. However, you need to be prepared for wet, cool weather as well as hot and dry. This can be easy if you pay attention to the information provided and to your own tolerance to the sun, heat and cold.

	Jun	July	Aug	Sept
Avg. Temp Day	82	90	88	84
Avg. Temp Night	48	60	65	50
Rainfall	0.5"	0.3"	0.5"	0.9"

June: Trips can be cool (days 55°-80°, nights 50°-60°), with a chance of rainstorms. The water will be moderately cold and you can plan on being splashed a lot.

Late June to August: Trips are warmer (days 75°-95° nights 65°)

September: Trips generally have mild days (60°-80°) and cool nights (50°-60°). Storms are always possible.

Clothing and Comfort

Dressing safely and comfortably (not to mention fashionably) for river trips is a challenging task. It is very important and should not be taken lightly. For much of the season, you will need two sets of clothing: one for on the river and one for the lodge.

Use the "layering system" Bring clothes that can be worn under or on top of others. Layering allows you to adjust quickly to changeable weather, by adding or subtracting layers. Loose, fast drying, breathable clothing is best for rafting. We recommend the following materials because they are compact and are made to keep you warm and comfortable through a range of temperatures.

Long sleeve UV protective shirts: During the hot sunny days are a big hit. They are great for adding sun protection, they can also be soaked in the river and can be worn to keep you cool throughout the day.

Polypropylene (Polypro) or Capilene: These are synthetic materials that wick the moisture away from the skin. Depending on the time of year, long underwear (shirt and pants) are essential as the first layer in cool or wet weather.

Fleece: Is a synthetic material that is heavier than polypro. It makes an excellent middle layer in cool or wet weather. Wool is also a good insulator. Bring a jacket or sweater as well as pants of these fabrics.

Cotton: Should **NOT** be worn during cool or wet weather since wet cotton lowers body temperature. Cotton is recommended for hot weather only!

Rainwear: Rain jacket and pants are to protect you from the storms as well as mist from rapids if you

were to ride in the raft. Coated nylon or breathable fabrics such as Gore-Tex are best. Ponchos are bulky and dangerous so they are not recommended.

Footwear: Shoes that will stay on your foot in the current, no bare feet. You will find guides and fellow guests in tennis shoes, and river sandals such as Chacos. Closed shoes do offer the most foot protection while on the river and, if worn with wool or neoprene wetsuit socks, they can help insulate your feet when the water is cold.

Your Personal Responsibility

We handle trip logistics, provide the food and rafting equipment, and make sure you have knowledgeable and well-trained guides. We see to it that you are comfortable, and that you see the Rogue's special places. We expect that you will bring adequate clothing and that your **sleeping bag, pad, and personal gear (camping only) will fit in the size requirements of our waterproof bags (24" diameter by 36" tall)**. We also ask that you approach your trip with an open mind for adventure and discovery.

Camping Gear/Lodge Facilities

Lodge Trip Accouterments: If you've signed up for a lodge trip, all linens, towels and bedding will be provided at the lodge. Shampoo/conditioner is not provided, but soap is. As with the funky nature of the lodges the towels are a little rough and the sheets a little scratchy but overall they provide a clean comfortable stay.

Sleep Apnea Equipment: If you are in need of bringing a CPAP for Sleep Apnea- please visit <http://www.cpap.com> to purchase a battery pack. There is no power available at night (except at Marial Lodge and Half Moon Bar Lodge).

Camping Trip Accoutrements: You're welcome to bring your own tent, sleeping bag, and sleeping pad. You also have the option of using our complimentary camping gear, (sleeping bag, paco pad and tent for 2 guests) Paco pads are foam filled and about 1.5" thick. **Upgrade to the Deluxe Camping Setup: For those who do not want to sleep on a paco pad on the ground,** Morrisons Rogue Wilderness offers an extra-large dome tent for 2 guests that include 2 cots, two deluxe sleeping pads, 2 sleeping bags and 2 small camp pillows. The cost for this upgrade is \$250 per tent setup. Please email us at info@wildrogue.com and let us know you want the Deluxe Camping Setup.

Packing

Your Dry Bag or Waterproof Bag: The overnight dry bag, when fully packed measures about 24 inches in diameter by 36 inches in height and is almost the size of a large garbage bag.

For our 3 Day Lodge only trips: Whoever you are rooming with will be who shares the overnight dry bag .

Camp or Camp/Lodge Trips: Each person will receive their own large overnight dry bag.

We recommend packing your things for the trip into a small SOFT duffel bag (**no rollers please!**) that will then be placed into a MRWAL dry bag. We also kindly request that you keep each personal bag to **20 lbs or less**. The guides carry each large dry bag long distances at some lodges and camps and we want to keep their backs in good repair!

Day Bags: Since your overnight waterproof bags will not be accessible during the day, small day bags will be available on your trip at check in. These smaller bags, about the size of purses, are for sunscreen, medicine, layers as they come off or on, hats, cameras, and snack bars, anything you will need for the day on the raft.

What to Bring

Your comfort and safety depend on you being well equipped for the wilderness. If the weather is perfect you will not need the cold weather clothing or rain gear, but should plan for sun protection. Please call if you don't understand or cannot find an item on the list.

Pack clothing you won't mind getting wet or dirty.

Cut down on bulk by not bringing too many changes of clothing for the same temperature conditions. You do not need a change of clothing every day.

Clothing List RECOMMENDED for ALL trips:

- Swimsuit: May be worn as a first layer
- Shorts: quick drying shorts can double as a swimsuit for men.
- Footwear: Sandals that **attach to your feet** and will stay on in a current or tennis shoes that can get wet, flip flops cannot be worn on the rafts. A pair of comfortable shoes for the evening in camp/lodge is suggested.
- Socks: Polypropylene or wool*
- Long sleeve UV protective shirts: best for sun protection. Avoid cotton during the day- it is slow to dry, and heavy when wet.
- T-shirts/tank tops: rafting and camp
- Long underwear: Polypropylene, Smart wool, or Capilene (for sleeping comfort and colder weather trips)
- Sweater or jacket: Fleece or Wool (for cold mornings in camp, and colder trips)
- Pants: 1 pair is nice for chilly mornings in camp. Rain pants are a great idea for early and late season trips.
- Baseball cap or visor (with strap) for sun protection
- Make sure you bring a comfortable outfit for evenings in camp/lodge. You can wear the outfit the next night too! We won't judge!

Gear List:

- Small camp Pillow
- Flashlight or headlamp
- Sunglasses with Strap
- Bandana
- Insect repellent
- Toiletries
- Medications. If you are in need of bringing a CPAP- please visit www.cpap.com to purchase a battery pack. (Please leave epi pen and emergency medications out of overnight pack and in a readily available location)
- Large zip lock bags for wet gear
- Sunscreen/ lip balm
- Moisturizer/Skin lotion
- Wet Wipes

Recommended for early season trips:

- Long underwear: Polypropylene, Smart wool, or Capilene
- Sweater or jacket: Fleece or Wool
- Rain gear: jacket and pants
- Gloves for camp/lodge

Optional Gear:

- Bike gloves to protect hands while paddling

- Fishing equipment and fishing license
- Small zip lock bags for organizing gear
- Disposable/ Waterproof camera*
- Dramamine (if prone to car sickness)
- Small day pack or fanny pack
- Book / Journal / Notebook

Questions? Please email us at info@wildrogue.com if you have any other questions about your trip. Once you are on the river, our guides will be happy to answer questions or assist you. We welcome any suggestions you have and want you to enjoy your trip. We can't wait to see you soon!