PLEASE RETURN 30 DAYS BEFORE DEPARTURE FAX TO 541-476-8051 OR SCAN TO INFO@WILDROGUE.COM



MULTI-DAY HIKE TRIP 2017 Morrison's Rogue Wilderness Adventures

(Please fill out this form and return to the Rogue Wilderness Adventures office before your trip. Each member of your party <u>MUST</u> complete and sign a registration and liability release form. All information below will be kept in confidence and will not be shared or sold.)

ONE FORM PER PARTICIPANT

TRIP DATE		_ Name Reservation Is			
Under	· · · · · · · · · · · · · · · · · · ·				
PERSONAL Name:		Email			
Address		City		State	
Zip					
Phone (Home)					
(Cell)					
Male or Female (circle) Date	Of Birth	Age	Height		
Weight					
If a minor is listed, please describ	e relationship to the pers	son signing this docu	ment		
PERSON TO NOTIFY IN CASE OF E	MERGENCY (NOT PARTICI	PATING IN ACTIVITY)			
Relationship:	Phone (day)	(Ev	ening)		
WILDERNESS ACCESS: You under	stand that you are enteri	ng a wilderness area	and there is VERY li	imited access to	
roads, phone service and rescue.					
trip insurance products do includ	e evacuation insurance if	you choose to purch	nase it.		
EXPERIENCE Have you ever been	whitewater rafting? YES	5 / NO (please circle)			
If yes, which rivers?	0	· · · · · ·			

MEDICAL: Please describe any medical or physical conditions which might affect your safety or health on the trip:

Please list any allergies (bee stings,

medications)

Do you carry an EPI Pen YES/NO (please circle) DIETARY Please specify any medical dietary restrictions i.e. allergies

Are you a vegetarian or vegan? YES/NO (please circle) If YES, please specify type of protein you eat

If not a vegetarian, do you eat red meat? YES/NO (please circle) Preferred Protein

Please understand that we try and accommodate most dietary requests. However, if you have specific requirements we suggest you bring the necessary supplies to subsist. Comments:

IF ON A CAMPING TRIP: Would you like RWA to provide you a tent, sleeping bag and Paco pad? (circle one) YES

ALCOHOL: Please be aware that Rogue Wilderness Adventures does not supply alcohol. You are welcome to bring beer, wine or spirits. Please limit glass containers. Please respect other guests and do not drink to excess while on trips.

NO

Would you like RWA to provide you with the Deluxe camping option – larger tent, cot, sleeping mattress, Paco Pad – for an additional \$200? (circle one) YES NO

CANCELLATION POLICY I am aware of the strict cancellation policy of Rogue Wilderness Adventures and realize that if I am to cancel my trip inside of 90 days of departure I will forfeit all funds paid to Rogue Wilderness Adventures. I am aware that I may purchase travel insurance to protect myself in the case of unforeseen events causing the cancellation of my trip with Rogue Wilderness Adventures. Forest Fires and Smoke: Occasionally during the hiking season forest fires in the region will cause smoke to settle in the Rogue River Canyon. Just like rain we go with smoke or no smoke. Every few years a forest fire or high water event will close the Rogue River. If we cancel the trip for river closure due to forest fire or flooding, we will not be able to issue a refund. Please insure your investment with with trip insurance. There are several companies who offer trip insurance, Travel Insured is simply the one we suggest for the type of trips we do. (See Cancellation and Travel Insurance Policies on our website or page 1, paragraph 1 of your itinerary)

Please sign below that you understand our cancellation policy.

SIGN



2017 Rogue River Multi Day Supported Hiking Trip Information

The following are important details for you trip on the Rogue River. This information will help to make you trip a safe, comfortable, and enjoyable one. If you have any questions please don't hesitate to call us at (800) 336-1647 or email us at Info@wildrogue.com

Meeting Place: Morrison's Rogue River Lodge (8500 Galice Road, Merlin, OR-Morrison's Lodge Map) **Meeting Time:** 5:45 pm the night before your hiking trip starts for a MEET and GREET, seating for dinner is 6:45pm **After the trip:** Arrive back to Morrison's Lodge between 4 & 5pm unless car shuttle arrangements have been made

Checklist

 Complete your registration form and sign the Liability Release. Please return by mail, email, fax or online at least 30 days before trip departure.
Mail: Rogue Wilderness Adventures

PO Box 1110 Merlin, OR 97532 Fax: (541) 476-8051 Email:info@wildrogue.com

- Plan for the unexpected
- with Travel Insurance at www.travelinsured.com We've contracted very good coverage for your trip. Estimate about 6%-7% of your trip cost. Kids 17 and under are usually no extra charge.
- Final payment due 30 days before your trip

RWA provides the following

- Transportation to the river
- Transportation from river back to Morrison's
- Dry bags and water bottle
- Waterproof bags for your personal gear

You are responsible for

- Personal clothing and other miscellaneous items
- Beverages such as Beer, Wine, Soda
- Guide gratuities (see page 2)

Where to stay before and after

Morrison's Rogue River Lodge

(800) 826-1963 <u>www.morrisonslodge.com</u> Your trip will begin at beautiful Morrison's Lodge the night before you hit the trail. Accommodations include water-side suites, cabins and lodge rooms. Along with your stay, a four course, pre-fixe gourmet dinner will be included in the evening and hot breakfast buffet will be included in the morning. You'll find Morrison's to be a convenient, beautiful location to start your adventure and an excellent place to rest at the end. **Please note that lodging at Morrison's is only included for the day before the trail- not the night at the end of your trip.**

How to Get There

If You Fly: The closest commercial airport is Medford, Oregon. It is serviced by United Airlines, Delta, Allegiant and Horizon Air. Flights inbound to Medford start from San Francisco, Seattle, Portland, Salt Lake City, Denver, Las Vegas and Los Angeles.

**Please plan your flight to arrive the day before your river trip

**Flying out the day your trip ends is VERY difficult and puts strains on the entire last day of your trip. We highly recommend booking your flight out for the day AFTER your trip ends.

For your convenience, Rogue Wilderness Adventures offers airport pickup and drop off for \$100 each way (12 passenger van). There are local taxi services available as well, but we do not have UBER. **Please call RWA in advance to request the airport van shuttle. 1(800) 336-1647

If You Drive: From I-5 North (Portland, Eugene): Get off at exit 61. Follow the off ramp until you get to the stoplight. Turn left and follow the road (Merlin-Galice Rd) out for about 11 ½ miles. Morrison's Lodge is on the right hand side. Park in the parking lot and walk to the front desk for check-in.

From I-5 South (Medford, Ashland): Get off at exit 61. At the end of the off ramp turn left and follow the road (Merlin-Galice Rd) out for about 11 ½ miles. Morrison's Lodge is on the right hand side of the road. Park in the parking lot and walk to the front desk for check-in.

The Trip Outline

The Night you arrive: There will be a meet and greet session with your head guide at 5:45pm. This will be your chance to ask any remaining questions and get to know your fellow hikers. You will also be given your overnight dry bag and water bottle for the next day. ***Please notify the office if you cannot attend the meet and greet or will not be there on time! After that your guide will head home for the evening as you head to your gourmet dinner on the deck of Morrison's Lodge at 6:45 pm. Your guides will look forward to seeing you the next morning!

The Morning of your Trip; Morrison's serves a breakfast buffet starting at 7am- please inform the front desk what time you will be joining them for the buffet. We ask that everyone is dressed to hike and ready for departure by 8:30am in front of Morrison's front office. ***Please be on time! Others will be waiting for you!

After we meet and pack extra items we will have a 30 minute trail and trip orientation at the lodge, then drive about 20 minutes down to the trail head. At the trailhead we will cover raft safety and trail safety suggestions. Expect to be on the trail around 10:30 or sooner.

On the River: The pace of your river trip is very dependent on the water level. You will usually spend five to six hours a day on the river. Breakfast on the river is served around 8AM, and you are on the water by about 9AM. There will be a stop mid-day for lunch where a buffet style lunch will be served. Before dinner there will be plenty of time for relaxing in the beautiful scenery of the wild rogue with friends and family. After the Trip: The trip ends at Foster Bar in the early afternoon. At this time you will board a van, which will return you and your gear to Morrison's Rogue River Lodge, unless you have arranged a car shuttle. Car shuttles are available from Morrison's to Foster Bar for an additional \$115 per car (subject to change due to early season road conditions). The van trip takes about two to three hours, arriving back at Morrison's around 4:30 PM. It's a beautiful but windy drive: those prone to carsickness may want to be prepared with Dramamine.

**In May, snow might be blocking key shuttle routes. Our goal is to return you on the safest route possible. This might mean early season shuttles could take up to four hours. If you have any travel plans that might be altered due to a late shuttle, please let our office staff know.

Note: If you are using commercial airlines, we suggest you plan on flying out the day after your trip ends. We can't guarantee you'll make a flight at the end of your trip.

Lodges on the Trip: The other wilderness lodges in the Wild and Scenic corridor are privately owned and operated. They operate with a unique challenge- all equipment and food has been rafted, jet boated, or 4-wheel driven in. They are clean and comfortable, but quirky and food is plentiful and hearty. Each room has a bathroom with flush toilets and hot showers and 2 beds (usually singles). All meals are served family style in the main lodges.

Note: Marial Lodge and Paradise Lodge offer gift shop items and Paradise Lodge has a full bar. Consider bring some cash if you would like to make a purchase.

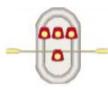
Electricity at the Lodges: All the lodges are on generator and will provide light and heat during your stay. At 10pm the generators are turned off, so bring a flashlight to find the bathroom. Do not bring hair appliances as they will cause the generator to stop.

Types of Boats

We employ a variety of boats on the Rogue that you will have the opportunity to enjoy as you travel down this amazing, beautiful river. Your choice will depend on the level of activity you are interested in and the logistics of the trip.

Paddle Boat: Paddle boats are fourteen to fifteen foot boats that are powered by the paddle strokes of the crew. The guide typically sits in the back and gives paddle commands to four to seven paddlers. Helmets and wetsuits are rarely required in paddle boats. Life jackets will ALWAYS be required.

Oar boats: Oar boats are sixteen to eighteen foot boats that carry gear and supplies as well as one to four passengers. Two or three passengers on an oar boat is typical. A ride on an oar boat is an opportunity to relax, enjoy the scenery, or chat with friends and family. The oar boat is the least active option and typically provides the lowest probability of a "swim". Life jackets will ALWAYS be required.



Inflatable Kayak (IK): The IK's are the ultimate vessel for the active river runner. This is an opportunity to run the rapids of the Rogue River under your own power and direction. The guides will give IK instruction before the trip, and direction for the rapids while on the water. We bring only single kayaks on the lower Rogue. Helmets are required at all times while paddling the IKs and, at times, a wetsuit may be required. Life jackets will ALWAYS be required. Fishing: Fishing on the Rogue is not great in the spring or summer and regulations do not allow

fishing from our boats. If you would like to fish,

Oregon fishing licenses may be purchased at Oregon sporting goods stores and at a small market in Merlin about 7 miles up the road from Morrison's Lodge. We recommend collapsible poles for ease in packing.

Additional Information

Guides: Our guides have a deep appreciation for the river we run and want you to enjoy your trip with them. RWA guides are accomplished in outdoor skills and extensively trained in first aid and CPR. They will be more than happy to help you if you have any questions about the river or are an inexperienced camper. In addition, the guides are mature, interesting people we think you'll enjoy.

Gratuities: We are often asked if tipping is appropriate. Tips are certainly appreciated by our guides. Tips are normally 10% of the trip cost per person. It is also suitable to leave gratuities for lodge staff of \$5 to \$10 per person. Whether and how much you tip should depend on your satisfaction with the trip, your feelings about tipping, and your financial means.

Equipment: RWA provides complimentary water bottles, and waterproof bags for your personal gear. Certainly bring a camera on your trip for pictures. Our gift shop sells a number of great waterproof bags for cameras and cell phones. We recommend you bring a small backpack for hiking during the day. Meals and Alcohol: RWA provides all meals from dinner on the first evening at Morrison's Lodge to lunch on the last day. We specialize in creative and delicious meals. Guides will prepare your meals using a variety of fresh foods. Fruit juice and water are available with every meal. Dinner and Breakfast are provided by the Lodges.

Lodging Guests We have tried to educate our wilderness lodge staffs to particular dietary requests. We constantly strive to make foods available to your request, however sometimes the lodges don't meet our expectations. With this in mind you might consider bringing your own food to make sure you have what you need. Also, please note that each lodge meal consists of up to 10 dishes- there is already something for everyone, and options for almost every diet.

Also, we unfortunately cannot guarantee all foods will be "pure" in regards to severe food allergies. We will always strive to meet your expectations but due to a limited menu at the lodges we can't make everyone happy. (Please make sure to give us ample information on your registration form in regards to dietary restrictions)

Wine, Beer, or any other alcoholic beverages are not

provided by RWA, but are welcome on the trip. Oregon liquor stores are open until 8pm on weekdays and closed Sundays.Beer and wine are available at local grocery stores. Hard liquor can only be purchased at state liquor stores.

Marial Lodge sells bottles of wine, and Paradise Lodge has a full bar- both are at 'wilderness' prices. Consider bringing cash if you are interested in purchasing items in the canyon.

For transportation purposes, there will be ice chests available for you at check in for you to bring extra beverages. Wine glasses and bottle openers are available at each lodge. Cocktail ice as well. **Environmental Concerns:** Depending on where the group stops, we will be using port-a-potties or outhouses. While not like the comfort of home, when setting up toilet facilities we are conscious of privacy needs as well as environmental impact. To protect the river, we carry out all trash and use no soap in the river. The guides will instruct you in simple procedures that minimize the impact of your group on the canyon, and we ask for your cooperation.

Communications: Cell phones do not work

in the canyon. Phones will stop working shortly after you pass through Merlin. We recommend you leave them in your car. If you want to bring your phone as a camera, we highly recommend you bring or purchase a phone case or dry bag to protect it from river water. RWA is not responsible for lost or broken phones

Cancellations and Travel Insurance: We strictly adhere to our cancellation policies as explained on your (or your group organizer's) reservation form.

Trip capacity is strictly regulated by law, and your reservation may mean we cannot sell space to others. Because of this, travel insurance is strongly recommended. It will reimburse you if you make a late cancellation because of illness or an illness in the family. Otherwise you are welcome to find a friend to replace you. Plan for the unexpected with Travel Insurance at https://www.travelinsured.com/agency We've contracted very good coverage for your trip. Estimate about 6%-7% of your trip cost. Kids 17 and under are usually no extra charge.

Forest Fires and Smoke: Occasionally during the rafting season forest fires in the region will cause smoke to settle in the Rogue River Canyon. Just like

with rain, we go with smoke or no smoke. Every few years a forest fire will close the Rogue River. See Cancellation and Travel Insurance Policies.

Registration Form & Health Information: Rafting trips are not strenuous, but you should be in good health. there are any medical considerations (such as allergies, heart conditions, etc.) or dietary restrictions we should know about, please put them on the registration form or call us. We ask that you return the form to our office 30 days in advance of your trip either by e-mail, mail, or fax. Fax 541-476-8051 Area Attractions: Oregon is a very beautiful state with many things to do and see. Crater Lake National Park is very popular, as well as the Oregon Caves National Monument. The Oregon Shakespeare Festival is nearby in Ashland. Performances often sell out; call (541) 482-4331 orhttp://www.osfashland.orgfor more information. Regional tourism is handled by Southern Oregon Visitors Association. Their website www.sova.org has excellent information about our region. You can also contact the Grants Pass Chamber of Commerce at (541) 476-7717

<u>http://www.visitgrantspass.org</u> for specific Oregon area brochures.

Wine Tours In Southern Oregon: Southern Oregon has a booming wine industry and has been compared to the "next Napa". Join our sister company Wine Hopper Tours for a day wine tour in the Rogue and Applegate Valleys. Day tours start at \$89 per person for the full day and includes lunch and tasting fees.

<u>www.WineHopperTours.com</u> or 1-855-550-WINE (9463)

Communications: <u>Cell phones</u> do not work in the canyon. The guides are equipped with a 'radio phone' for emergencies only.

Questions? Please contact our office if you have any other questions about your trip. Once you are on the river, our guides will be happy to answer questions or assist you. We welcome any suggestions you have and want you to enjoy your trip.

Rogue Weather

Elevation in Merlin, OR: 915 ft.

The summertime weather in southwest Oregon is usually very pleasant: warm and dry. However, you need to be prepared for wet, cool weather as well as hot and dry. This can be easy if you pay attention to the information provided and to your own tolerance to the sun and to the cold.

	Jun	July	Aug	Sept
Avg. Temp Day	82	90	88	84
Avg. Temp Night	48	60	65	50
Rainfall	0.5″	0.3″	0.5″	0.9″

June trips can be cool (days 55°-80°, nights 50°-60°), with a chance of rainstorms. The water will be moderately cold and you can plan on being splashed a lot.

Late June to August trips are warmer(days 75°-95°nights 65°

September trips generally have mild days (60°-80°) and cool nights (50°-60°). Storms are always possible.

Clothing and Comfort

Dressing safely and comfortably (not to mention fashionably) for river trips is a challenging task. It is very important and should not be taken lightly. For much of the season, you will need two sets of warm clothing: one for on the river and one for the lodge. **Use the "layering system"** Bring clothes that can be worn under or on top of others. Layering allows you to adjust quickly to changeable weather, by adding or subtracting layers. Loose, fast drying, durable clothing is best for rafting. We recommend the following materials because they are compact and are made to keep you warm and comfortable through a range of temperatures.

Polypropylene (Polypro) or capilene are synthetic materials that wick the moisture away from the skin. Depending on the time of year, long underwear (shirt and pants) are essential as the first layer in cool or wet weather.

Fleece is a synthetic material that is heavier than polypro. It makes an excellent middle layer in cool or wet weather. Wool is also a good insulator. Bring a jacket or sweater as well as pants of these fabrics. Cotton should <u>NOT</u> be worn during cool or wet weather since wet cotton lowers body temperature. Cotton is recommended for hot weather only! Rainwear Rain jacket and pants are to protect you from the storms as well as mist from rapids if you were to ride in the raft. Coated nylon or breathable fabrics such as Gore-Tex are best. Ponchos are bulky and dangerous so they are not recommended. Footwear

Hiking footwear: A pair of 'tried and true' hiking boots or tennis shoes is very important for the trail.

We recommend a thick sole if your feet are sensitivethe trail can be very rocky at times. To avoid blisters, make sure you have hiked at least 6 miles at a time and at least 20 miles total in your boots if they are new to you. If you must hike in new boots, bring a back up pair of shoes in case of the dreaded blisters. On the River: You will find guides and fellow guests in tennis shoes, wetsuit booties with soles, and river sandals. Closed shoes do offer the most foot protection while on the river and, if worn with wool or neoprene wetsuit socks, they can help insulate your feet when the water is cold. ** Note: Please leave your river shoes out of your overnight bag- we will have a special bag for them for easy access.

Your Personal Responsibility

We handle trip logistics, provide the food and rafting equipment, and make sure you have knowledgeable and well-trained guides. We see to it that you are comfortable, and that you see the Rogue's special places. We expect that you will bring adequate clothing and hiking equipment. We also ask that you approach your trip with an open mind for adventure and discovery.

Lodge Facilities

Lodge Trip Accoutrements

At the lodges all linens, towels and bedding will be provided at the lodge. Shampoo is not provided, but soap is. As with the funky nature of the lodges the towels are a little rough and the sheets a little scratchy but overall they provide a clean comfortable stay. **Sleep Apnea Equipment:** If you are in need of bringing a CPAP for Sleep Apnea- please visit <u>http://www.cpap.com</u> to purchase a battery pack. There is no power available at night.

Packing

Your Dry Bag or Waterproof Bag: The overnight bag, when fully packed measures about 24 inches in diameter by 36 inches in height and is almost the size of a large garbage bag. We ask that two people share one dry bag. We recommend packing your things for the trip into a small SOFT duffel bag (no rollers please!) that will then be placed into a RWA dry bag with your roommate's duffel. We also kindly request that you keep each personal bag to 20 lbs or less. The guides carry each large dry bag long distances at some lodges and we want to keep their backs in good repair! Day Bags: We recommend bringing a day backpack for the trail. Please keep all items you might need during the day inside (chapstick, sunscreen, hat, light jacket, etc.). If you choose to hop on a raft at any point, the guide will have a large 'backpack' dry bag available for your day pack to keep it dry.

Keep these items separate:

- Alcohol, beverages, or other liquids
- Water Shoes
- Day Packs

When you meet your guide in the morning, they will have a drink cooler available and a bag to put your water shoes in. You do not need to pack your daypack as you will be using it on the trail!

What to Bring

Your comfort and safety depend on you being well equipped for the wilderness. If the weather is perfect you will not need the cold weather clothing or rain gear, but should plan for sun protection. Please call if you don't understand or cannot find an item on the list.

Pack clothing you won't mind getting wet or

dirty. Cut down on bulk by not bringing too many changes of clothing for the same temperature conditions. You do not need a change of clothing every day.

Clothing List RECOMMENDED for hiking trips:

- Swimsuits: May be worn as a first layer if you choose to ride the rafts often.
- □ Shorts: A breathable/quick drying pair or pairs for warm days or comfort at the lodges.
- Pants: A breathable/quick dry pair for the trail (avoid jeans/cotton!) and a pair or two to wear at the lodges in the evening- temperature tends to be cooler in the evenings (cotton ok).
- □ Footwear- **trail**: A pair of 'tried and true' hiking boots or tennis shoes. See previous page for tips.
- Footwear-lodges: Closed toed COMFORTABLE shoes that are different that your hiking boots. If you choose a pair that you can also hike in, you have a great backup if you get blisters.
- Footwear- river: You will need a pair of river sandals or shoes that attach to your feet and can get wet. Cheap water shoes will suffice, but they are lousy for walking on shore during raft breaks. (please leave these out of your overnight pack- your guide will have a special bag for them)
- Footwear- extra option: Consider bringing a small/light pair of flip flops or sandals for letting your feet breathe when you relax in your lodge room. These can be your river sandals, but you will need to remember to tell your guide to bring them to the lodge at the end of the day- and they might be wet!

- □ Socks: Polypropylene or wool, several pair
- Shirts: long sleeved, lightweight, breathable is best for sun protection
- T-shirt/tank top: non cotton, for warm weather hiking
- Button up shirt/Blouse: nothing is better than a hot shower and a nice shirt/outfit at the lodges in the evening. This is optional.
- □ Long underwear: Polypropylene, Smart wool, or Capilene (cooler weather trips)
- Sweater or jacket: Cotton is ok, but not great if the weather gets rainy. Fleece or wool is recommended. We recommend this item for cold mornings at the lodges!
- Rain Coat: Great for inclimate weather and splash guard while on the rafts.
- Baseball cap or visor (with strap) for sun protection

Gear List:

- □ Flashlight or headlamp (a must!)
- Sunglasses with Strap
- Bandana
- Insect repellant
- Toiletries
- Medications. If you are in need of bringing a CPAP- please visit www.cpap.com to purchase a battery pack. *** Please leave emergency medication such as EPI PENS and INHALERS in your day bags for quick access!
- Large zip lock bags for wet gear
- □ Sunscreen*/ lip balm*
- Moisturizer/Skin lotion*
- Wet Wipes

Optional Gear:

- □ Fishing equipment and license
- □ Small zip lock bags for organizing gear
- Disposable/ Waterproof camera/lifeproof case for your phone (RWA is not responsible for lost or broken phones)
- Dramamine (if prone to car sickness)
- Small day pack
- Book / Journal / Notebook
- Blister Kit
- Special food/snacks (there is PLENTIFUL food and snacks on the trip- this is only necessary if you have allergies or know you will absolutely crave a specific food.)
- □ Alcohol/soda (water and juice are provided)